

**2011 WV USAPL State, Open/BP/Ironman Championship**

**Date:** August 6

**Location:** South Charleston High School, South Charleston, WV

**Total number of lifters:** 30

**Scorecard (in pounds)**



**WOMEN**

Powerlifting																	
Wt. Class	Bdw	Name	Age	Div.	sq1	sq2	sq3	best	bp 1	bp 2	bp 3	best	dl 1	dl 2	dl 3	best	total
132	124.5	Lynn Rodriguez	48	M2	209	220	226	226	143	154	159	154r	253	281	286	281r	661r
165	153.7	RoseMary Mihaliak	62	R M5	99	148	176	176r	71	99	110	110r	99	181	204	204r	490r

**MEN**

Powerlifting																	
Wt. Class	Bdw	Name	Age	Div.	sq1	sq2	sq3	best	bp 1	bp 2	bp 3	best	dl 1	dl 2	dl 3	best	total
165	162.8	Jonnie Candito	19	T C	413	424	435	424	253	264	264	264	380	380	413	413	1101
165	163	Joel Gibson	34	R O	292	319	330	330r	236	253	253	236r	363	374	385	385r	951r
181	172	Bobby Hughes	51	M3	325	352	385	385r	303	330	330	303r	391	451	496	451r	1139r
198	187	Alex Bradley	16	R T	248	275	297	297r	203	225	237	237r	385	407	407	407r	941r
198	192.7	Gab King	22	O	507	567	617	567	330	358	407	358	468	485	512	512	1437
198	195	Gill Schoolcraft	43	R M1	341	374	402	402r	198	231	242	231r	341	385	418	418r	1051r
198	197.7	Paul Sutphin	57	M4	418	462	501	501r	253	292	303	303r	462	518	545	545r	1349r
220	206	Eddie Bailey	39	SM	225	253	281	281	325	347	374	374	225	253	325	325	980
220	207	Robert Culp IV	26	R P/F	352	407	424	424	231	259	259	231	407	429	457	457	1112
220	218.9	Mark Runyan	32	R O	407	413	pass	413	314	352	374	374	407	451	pass	451	1238
220	217.8	John Riggs	15	T	209	236	253	253r	137	148	159	159	292	330	341	330r	742r
242	233	Austin Vickers	20	R C	473	507	551	551r	308	330	347	330r	512	573	622	573r	1454r
242	236	Chris Asbury	40	O M1	518	551	pass	551	650	667	705	667r	418	451	485	485	1703r
275	263	Cory Sites	34	O	523	556	578	578	402	402	402	0					0
275	258.5	James Mihaliak Jr	62	R M5	314	314	325	314r	198	231	242	242r	314	380	407	380r	936r
275	257.6	Bradley Wagner	52	M3	507	529	pass	529	407	429	446	446	507	540	551	551	1526
SHW	351	James Chantler	40	O	617	650	683	683	435	440	462	462	617	661	688	661	1806

**Bench Press**

Wt. Class	Bdw	Name	Age	Div.	sq1	sq2	sq3	best	bp 1	bp 2	bp 3	best	dl 1	dl 2	dl 3	best	total
132	125	Ed Fuller	49	M2					181	198	209	209					
181	179	Frank Remmick	37	SM, P/F					264	292	303	292					
220	215	Jeff Johnson	41	R M1					325	342	363	342r					
220	211	Bud Samples	64	R M5					253	275	314	314r					
242	229	Tim Rowsey	27	O					402	402	451	402					
275	270	Rodney Allman	42	M1					220	617	661	220					
275	267	Derek McBrayer	21	C					363	396	424	396r					
SHW	396	Mark Jerrell	33	R O					440	473	473	440r					

**Ironman**

Wt. Class	Bdw	Name	Age	Div.	sq1	sq2	sq3	best	bp 1	bp 2	bp 3	best	dl 1	dl 2	dl 3	best	total
198	187.8	John Ball	59	R M4					187	187	198	187r	275	297	319	319r	506r
198	197.7	Paul Sutphin	57	M4					253	292	303	303r	462	518	545	545r	848r
275	257	Jason Best	24	O					314	314	336	336	369	451	473	473	809

**Division Codes**

**M1:** masters 40-44  
**M2:** masters 45-49  
**M6:** masters 65-69  
**SM:** sub-masters 35-39  
**T:** teenage  
**O:** open  
**R:** raw  
**P/F:** police/firefighter  
**C:** collegiate

**Record Code**

**r:** WV state record